



LARAMIE HUMAN RIGHTS 10K

August 15, 2015
Undine Park, Laramie
8:00am

10k for the Wyoming Guatemala
Accompaniment Project

RRCA
Wyoming State
10k Championship

REGISTRATION

All fields must be filled out legibly in order to complete registration

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

☐ Male ☐ Female Birthdate: _____

Email: _____

Entry Fee: \$25.00 (early registration) \$30.00 (registration after 08/08/2015)
Discount for High Plains Harriers member \$5. Paid runners/ walkers will receive a running hat. Children under 10 walk/run for free (without gift).

Make checks payable to: WYGAP

Send to: WYGAP, 802 E. Bradley, Laramie WY 82072

Early registration by mail must be postmarked by August 08, 2015.

WAIVER

I, the undersigned, knowingly accept and fully understand the inherent risk in road running. For acceptance of my registration/ the registration of a minor of whom I am the parent/ legal guardian, in this event, I hereby release race organizers, the WYGAP (Wyoming Guatemala Accompaniment Project), High Plains Harriers, the City of Laramie, Road Runners Club of America, the Laramie Police Department, volunteers, participants and sponsors from any and all claims or liabilities which may arise from my participation in the competition. I also hereby grant permission and convey rights, title and interest to WYGAP in any photographic images that may be taken of me/ minor during the race, including potential benefits derived from publication of such photographs.

Signature
(If under 18, parent or guardian must sign)

Date

Registration and Race Information

When: Saturday, August 15, 2015
10k race starts at 8:00.

Registration: Race day registration begins at 6:30 am and ends at 7:30 am. Packet pick-up for pre-registered runners begins at 7:00 am and ends at 7:45 am. Register and pick up your race gear early.

How much: \$25 early registration, adult and children.
Free for children under 10 *without* a running hat.
\$30 registration after 08/08/2015, adult and children.

Send to: **Laramie Human Rights 10k**
802 E. Bradley
Laramie WY 82072

Where: Undine Park,
Laramie WY

Run/ Race: 10 kilometers = 6.2 miles, certified by RRCA

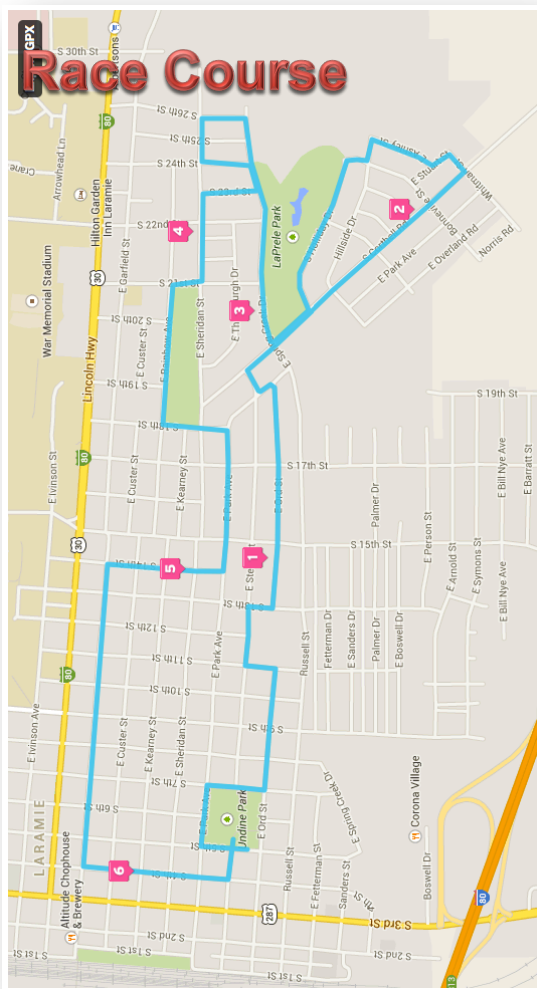
Awards: Medals will be given for male/ female 10k overall champion, Masters (over 40 yrs, old), Grand Masters (over 50 years old), Sr Grand Masters (over 60 yrs. old), and first, second and third places in all age categories, thereafter.

Proceeds: All proceeds will be benefit the Wyoming Guatemala Accompaniment Project

Food/Drink: Breakfast and fruit will be served after the race.

Contact: Race Director: wygap@live.com





The **Laramie Human Rights 10k** is a new race in Laramie and in Wyoming. The race has been designated as the RRCA State Championship race in 2015. The 10k course is certified by the Road Runners Club of America and takes runners through the Laramie tree area, past several of the local parks. Start and finish is at beautiful Undine Park in Laramie. Following the race, runners may relax and be served breakfast. Because everybody already has too many t-shirts, runners receive a running hat instead. This race is a High Plains Harriers race, and members of this running club receive a \$5 discount for registration. Proceeds of the race support the Wyoming Guatemala Accompaniment Project, a grassroots organization that serves as a sponsoring community for the Network of Solidarity for the People of Guatemala (NISGUA). We work to support Guatemalan human rights defenders and are committed to solidarity with communities resisting resource extraction and working for justice for genocide.

Event Schedule

6:30 – 7:30 am	Race day registration
7:00 to 7:45 am	Packet Pick-up for preregistered runners
8:00 am	Start of Race
8:35 am	First runner +/- finishes
9:00 am	Breakfast
10:00 am	Awards
11:00 am	Course closes

